

Division of Student Affairs 137 Umstead Building East Carolina University Greenville, NC 27858-4353

252-328-6661 office **252-328-4868** fax

June 3, 2020

Dear ECU students and community,

The East Carolina University Center for Counseling and Student Development (CCSD) joins the rest of the ECU community to condemn and grieve the killings of George Floyd, Ahmaud Arbery, Breonna Taylor, as well as countless others who have died as a result of unjust violence towards the Black/African American community. We also recognize the disproportionate impact COVID-19 has had on the Black/African American community, as a result of the long-standing inequity of resources and security for Black/African American people in our country stemming from systemic racism. While these tragedies and inequality can be traumatizing for all of us, we recognize that these events are especially injurious to members of our Black and African American community. Physical safety/health as well as mental health/well-being will continue to be at risk for all people of color until this inequity is reconciled. We stand committed to creating an inclusive space, where all students can feel safe seeking support. Please know counseling services are available to those traumatized by racism and to all students seeking support or crisis intervention. If you could benefit from our services, please call 252-328-6661 to schedule an appointment. If financial hardship is a barrier to our services, please let our office know when you call so we can assist with this issue.

With care.

The CCSD Staff

*For a list of resources related to mental health for <u>Students of Color</u>, <u>racism</u>, and <u>allyship</u> please check out the resources listed on our <u>self-help page</u>.