Center for Counseling and Student Development

The First Year Experience

How to navigate your first year in college in the midst of a global pandemic and adjust to the challenge and identify opportunities for growth as a first year student.

VIRTUAL GROUP VIA WEBEX
WEDNESDAYS 4-5 PM
FOR MORE INFORMATION ON HOW TO JOIN
CALL CCSD
252-328-6661

If you are experiencing a mental health crisis or urgent situation, contact CCSD 252-328-6661 to speak with a counselor.